



## Children age 1 to 5

### Certificate for Medical Necessity for Formula and WIC Food Exceptions

Exception to WIC foods requests: Complete Sections A, C and D  
Exempt formula or WIC Nutritionals: Complete A, B, C and D

This form should be used to provide guidance in regard to failure to thrive, lactose intolerance, gluten free diets, foods to avoid due to allergies, developmental delays or inability to tolerate solid foods, medical conditions that impair ingestion, digestion or absorption of nutrients, etc. These foods may not be issued solely for the purpose of enhancing nutrient intake or managing body weight.

WIC Clinic:

Clinic Fax number

Attention:

<b>A. Patient Information (please print)</b>		
Patient's name (Last, First, MI):		DOB:
Parent/Caregiver's Name (Last, First, MI):		
Medical diagnosis/qualifying condition (ICD-10 Code):		
(Justifies the medical need for formula/food )		
Medical documentation valid for: <input type="checkbox"/> 1 mo. <input type="checkbox"/> 2 mos. <input type="checkbox"/> 3 mos. <input type="checkbox"/> 4 mos. <input type="checkbox"/> 5 mos. <input type="checkbox"/> 6 mos. (not to exceed 6 months)		
<b>B. Medical formula/medical food and WIC supplemental foods (please print)</b>		
Name of medical formula/medical food requested:		
Prescribed amount: _____ per day OR <input type="checkbox"/> maximum allowable		
Special instruction/comments:		
<b>C. Supplemental Foods</b>		
Supplemental foods will be provided in addition to the formula, if no boxes are checked below.		
<input type="checkbox"/> Omit all supplemental foods and provide formula only.		
<input type="checkbox"/> Provide only the following checked foods.		
<input type="checkbox"/> Whole Milk	<input type="checkbox"/> Reduced Fat (2%) Milk	Special Instructions:
<input type="checkbox"/> Low-fat (1%) Milk	<input type="checkbox"/> Nonfat Milk (Skim)	
<input type="checkbox"/> Soy Milk	<input type="checkbox"/> Cheese	
<input type="checkbox"/> Tofu	<input type="checkbox"/> Eggs	
<input type="checkbox"/> Cereal	<input type="checkbox"/> Peanut butter	
<input type="checkbox"/> Juice	<input type="checkbox"/> Beans	
<input type="checkbox"/> Fresh/frozen fruits and vegetables	<input type="checkbox"/> Whole grain bread/tortillas or brown rice	
<input type="checkbox"/> Infant jarred fruits and vegetables	<input type="checkbox"/> Infant Cereal	
<b>D. Health care provider information</b>		
Signature of health care provider:		Provider's name (please print): <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> NP
Medical office/clinic:		
Phone number:	Fax number:	Date:

Adapted from Oregon Medical Documentation Form.

USDA is an equal opportunity provider and employer.

WIC – 300

Whole milk is the standard issuance for children 12-23 months of age.

Low-fat (1%) milk/nonfat is the standard issuance for children 2-5 years of age.

For the 2-5 year old, whole milk may only be authorized if a child requires a formula/WIC Nutritional.

Infant jarred fruits and vegetables and infant cereal may only be authorized if a child requires a formula/WIC Nutritional.

See back for most commonly provided formulas and WIC Nutritionals.

Rev. 10/15

This certification for medical necessity is necessary for providing the following products from the WIC Program. The most commonly used products are listed below:

**Hypoallergenic formulas:**

- Nutramigen
- Nutramigen Toddler
- Portagen
- Pregestimil
- Similac Expert Care Alimentum

**Impaired kidney function/hypocalcemia**

- Similac PM 60/40

**Pediatric Drinks for higher calories/FTT**

- Boost Kid Essentials Immunity Protection
- Boost Kid Essentials 1.5 CAL
- Boost Kid Essentials 1.5 CAL with Fiber
- Boost Plus
- Bright Beginnings Soy Pediatric Drink
- Nutren Junior
- Nutren Junior with Fiber
- Nutren Junior with Prebiotics
- PediaSure
- PediaSure with Fiber
- PediaSure 1.5 Cal
- PediaSure 1.5 Cal with Fiber
- PediaSure Peptide 1.0 Cal
- Peptamen Junior
- Peptamen Junior with Fiber
- Peptamen Junior with Prebio
- Peptamen Junior 1.5 with Prebio
- Vivonex Pediatric

**Premature formulas for developmental delays**

- Enfamil EnfaCare
- Enfamil Premature with Iron 20
- Enfamil Premature with Iron 24
- Good Start Premature 24
- Similac Expert Care NeoSure
- Similac Special Care with Iron 24

**Severe cow's milk allergy/multiple food protein allergy**

- Neocate Junior
- Neocate Junior with Prebiotics
- Elecare for Infants
- Elecare Jr.
- PurAmino

For additional products available from WIC please view the website at:  
<http://chfs.ky.gov/dph/ach/ns/Nutrition+Education+Materials.htm>

Use the above link and click on "WIC Formula Resource Guide" from the list of materials.

WIC is a registered service mark of the U. S. Department of Agriculture for USDA's Special Supplemental Nutrition Program for Women, Infant and Children.